

# **LYTHAM ROAD SURGERY**

**Please read before completing this form**

## **TRAVEL RISK ASSESSMENT FORM**

One form to be completed for each traveller & returned to Lytham Road Surgery, at least 12 weeks prior to travelling – receipt of completed form does not automatically guarantee we will be able to accommodate your appointment within the appropriate time frame – this is all dependent upon demand – completing this form indicates you understand this criterion. Please continue on A4 paper adding your name and DOB if needed.

### **Information about travel vaccines in the NHS**

Some vaccines are available free on the NHS if they are needed for travel, but others are only available on the NHS for reasons other than travel. You will need to pay for the travel vaccines that are not available on the NHS from external private providers, we do not offer them here. You should not be asked to pay for these vaccines for other reasons.

**Aren't all travel vaccines free on the NHS?** Some travel vaccines are free on the NHS to reduce the risk of certain infections being brought back into the country and leading to wider spread. These currently include **cholera**, **polio** (mainly given as combined tetanus diphtheria-polio vaccine), **hepatitis A** and **typhoid**.

**Which vaccines are not available on the NHS just for the purposes of travel?** The following vaccines may be recommended for travel, but are **not** available free on the NHS if they are only needed for the purposes of travel: • Hepatitis B • Rabies • BCG • Meningitis ACWY • Japanese encephalitis • Yellow fever • Tick-borne encephalitis

**What does this mean for me if I am planning to travel?** The vaccines listed above will need to be paid for if they are given only for travel. Although you may have had some of these vaccines free in the past, the NHS has asked GPs to make sure that they follow the existing NHS Regulations around travel vaccines in future. Lytham Road Surgery do not administer these vaccinations.

**Not all travel vaccinations are available free on the NHS**, even if they're recommended for travel to a certain area.

If you are recommended vaccinations which are not available on the NHS, you can ask for:

- written information on what vaccines are needed
- Lytham Road Surgery DO NOT provide any vaccinations that are chargeable

You can also get travel vaccines from:

- private travel vaccination clinics
- pharmacies offering travel healthcare services
  - you can approach any pharmacy offering this service for their price list.

Name:	Your country of origin:
	Date of birth:
	Male <input type="checkbox"/> Female <input type="checkbox"/>

E mail:	Telephone number:
	Mobile number:

**PLEASE SUPPLY INFORMATION ABOUT YOUR TRIP IN THE SECTIONS BELOW**

Date of departure:	Total length of trip:
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COUNTRY TO BE VISITED	EXACT LOCATION OR REGION	CITY OR RURAL	LENGTH OF STAY
1.			
2.			
3.			

Have you taken out travel insurance for this trip?  
Do you plan to travel abroad again in the future?

**TYPE OF TRAVEL AND PURPOSE OF TRIP - PLEASE TICK ALL THAT APPLY**

<input type="checkbox"/> Holiday	<input type="checkbox"/> Staying in hotel	<input type="checkbox"/> Backpacking	<u>Additional information</u>
<input type="checkbox"/> Business trip	<input type="checkbox"/> Cruise ship trip	<input type="checkbox"/> Camping/hostels	
<input type="checkbox"/> Expatriate	<input type="checkbox"/> Safari	<input type="checkbox"/> Adventure	
<input type="checkbox"/> Volunteer work	<input type="checkbox"/> Pilgrimage	<input type="checkbox"/> Diving	
<input type="checkbox"/> Healthcare worker	<input type="checkbox"/> Medical tourism	<input type="checkbox"/> Visiting friends/family	

**PLEASE SUPPLY DETAILS OF YOUR PERSONAL MEDICAL HISTORY**

	YES	NO	DETAILS
Are you fit and well today			
Any allergies including food, latex, medication			
Severe reaction to a vaccine before			
Tendency to faint with injections			
Any surgical operations in the past, including e.g. your spleen or thymus gland removed			
Recent chemotherapy/radiotherapy/organ transplant			
Anaemia			
Bleeding /clotting disorders (including history of DVT)			
Heart disease (e.g. angina, high blood pressure)			
Diabetes			
Disability			
Epilepsy/seizures			
Gastrointestinal (stomach) complaints			
Liver and or kidney problems			
HIV/AIDS			
Immune system condition			

	YES	NO	DETAILS
Immune system condition e.g., blood cancer			
Mental health issues (including anxiety, depression)			
Neurological (nervous system) illness			
Respiratory (lung) disease			
Rheumatology (joint) conditions			
Spleen problems			
Any other conditions?			
Are you or your partner pregnant or planning a pregnancy?			
Are you breast feeding?			
Are you planning pregnancy while away?			
Have you or anyone in your family undergone FGM / been cut / circumcised			

**Are you currently taking any medication (including prescribed, purchased or a contraceptive pill)?**

PLEASE SUPPLY INFORMATION ON ANY VACCINES OR MALARIA TABLETS TAKEN IN THE PAST					
Tetanus/polio/diphtheria		MMR		Influenza	
Typhoid		Hepatitis A		Pneumococcal	
Cholera		Hepatitis B		Meningitis	
Rabies		Japanese encephalitis		Tick borne encephalitis	
Yellow fever		BCG		Other	
COVID-19 (dates, brand etc.)					
Malaria Tablets					

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**Any additional information**

Travel risk assessment form devised by Jane Chiodini © 2012 in conjunction with resources below.

1. Chiodini J, Boyne L, Grieve S, Jordan A. (2007) *Competencies: An Integrated Career and Competency Framework for Nurses in Travel Health Medicine*. RCN, London.
2. Field VK, Ford L, Hill DR, eds. (2010) *Health Information for Overseas Travel*. National Travel Health Network and Centre, London, UK.